

State of the World's Children 2021 Report (UNICEF)



According to UNICEF's most comprehensive look at the mental health of children, adolescents and caregivers in the 21st century - even before COVID-19, children and young people carried the burden of mental health conditions without significant investment in addressing them. Almost 46,000 adolescents die from suicide each year

globally. In Canada, nearly two-thirds of youth polled by UNICEF Canada said the pandemic has negatively impacted their mental health. More than a quarter of young people also said they do not have someone to turn to for help or were unsure if they had anyone to support them in times of need.

[The State of the World's Children 2021](#)

Instructional Strategies



Here are a few ideas to help you build a safe, nurturing, comfortable group environment:

Low-risk to higher-risk activities - Move activities from low-risk to higher-risk as participants become more respectful of each other and skilled in their interactions and the learning environment becomes safe for deeper learning. For example, the interactions go from low to higher risk as participants talk to one person, then a few people, and then in front of the whole group. Within an activity, begin with low levels of risk that deal with facts and simple preferences and move to practice in giving personal opinions or other responses that might require more personal risk and investment after modeling and checking for understanding.

High levels of engagement - Participants are invited to interact with everyone in the group through structured conversations and cooperative group activities that make it safe for them to continuously reach out and communicate with different people through their time together.

Source: *Lions Quest Universal Program Guide*

New Youth Educational Videos on Cannabis and Vaping

The Canadian Centre on Substance Use and Addiction has released two new short educational videos to increase youth's knowledge, understanding and awareness of the risks of cannabis vaping.



[Are there risks to vaping cannabis?](#)

[How to reduce the risks of cannabis vaping.](#)

There is also a companion guide on Talking to Youth About Cannabis Vaping - click [here](#).

Upcoming Social Emotional Learning Resources & Training

Please share widely!

Develop Social Emotional Learning Competencies in young people in your classroom, your school, your family and your community.

Here are the confirmed upcoming dates for our virtual training sessions - more will be added soon:

Wednesday November 24, 4-6 pm EST
Wednesday December 1, 4-6 pm EST

Each training session is limited to a maximum of 15 participants, and the \$350 fee will include the training as well as the curriculum resource package for one grade level. **Lions Clubs or Districts may be willing to sponsor participation.** Register early to avoid disappointment, and to ensure that you receive your material in time to prepare for the training session.

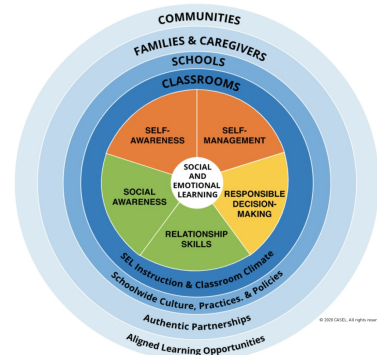
[Workshop Flyer including Registration Link](#)

[Lions Quest Program Overview](#)

[Sample Lesson](#)

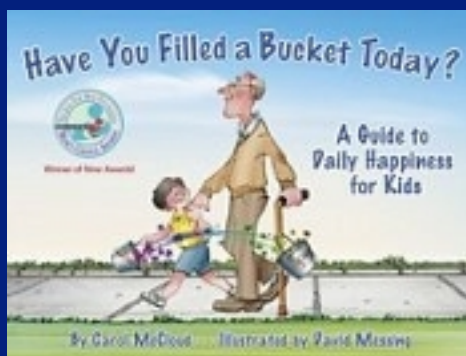
If you are interested in a hosting a training session for your own group - please [contact us](#).

If you were trained on a previous version of the program and would like the latest edition, you can order it on our [website](#) for \$199.95 plus shipping & taxes. You may also be interested in participating in the workshop as a refresher. Sponsorship from your local Lions Club may be available for this upgrade.



[Visit Our Website](#)

Holiday Shopping? Check out these ideas...



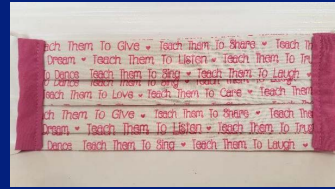
Browse our flyer for additional resources to support your work with children & youth or shop [online](#).

[Resource Flyer](#)

And check out some free resources on mindfulness and virtual activities on our [website](#).

Mask Fundraiser

You can also support our Fundraiser by purchasing masks - 3 for \$20 with all proceeds going to support Lions Quest Canada.



[Click here for Mask Designs](#)

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Lions Quest
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The Centre for Positive Youth Development

[Contact Us](#)



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